



# WALL TO WALL

Lansing Correctional Facility

**American Correctional Officer  
Names Officer Jeremy Welch  
as recipient of the 2008  
National Meritorious Service Award**

**North American Association  
of Wardens and Superintendents  
Names Lionel Barley as recipient  
of the 2007-2008 Medal of Valor Award**



**K**ansas Department of Corrections Secretary Roger Werholtz, LCF Corrections Officer Jeremy Welch and Kansas Attorney General Steve Six at the 2008 KDOC Employee of the Year

Awards Banquet in May. Welch received a commendation for valor.

Thayne, WY August 6, 2008: Sergeant Henry Ruiz, Chairman of the American Correctional Officer Medal of Honor Selection Committee announced today that Officer Jeremy Welch from the Lansing Correctional Facility in Lansing, Kansas has been selected as the 2008 winner of the American Correctional Officer Meritorious Service Award. Officer Welch was selected from over 70 nominees from across the country as this year's recipient.

Officer Welch came to the aid of Facility Storekeeper Pam Bonner who had been attacked by an inmate and was severely injured. While Storekeeper Lionel Barley wrestled with the inmate, Welch removed Bonner from the area. He then went back to help Barley subdue the inmate. Officer Welch's quick response helped to end a potentially life threatening situation.

Officer Welch will be awarded the Meritorious Service Award at the 2008 American Correctional Officer Medal of Honor Awards Banquet to be held September 26, 2008 at the Woodlands Radisson Hotel in Flagstaff, Arizona. Correctional Officers from around the nation will be in attendance to honor Officer Welch.

"Behind the walls where we work, we only have our training, experience and each other to rely on. The brave actions of Officer Welch and his willingness to put his life on the line to protect fellow staff members is to be revered," said Vito Dagnello, President, American Correctional Officer.

**I**n November of 2007, Storekeeper Lionel Barley's name was submitted to the North American Association of Wardens and Superintendents (NAWS) as a nomination for the 2007-2008 Medal of Valor. In order to be eligible for this prestigious award, the nominee needed to perform a deed that was clearly an act of personal bravery, of self-sacrifice so conspicuous as to clearly distinguish the individual above his or her comrades and must have involve the risk of life.



Mr. Barley met these criteria on July 3, 2007, when he played a key role in saving the life of his co-worker, Pam Bonner when she was brutally attacked by an inmate. Lionel's immediate reaction to a dangerous situation and his ability to put the needs of a fellow human being ahead of his own personal safety caused NAAWS to choose him as the recipient of the Medal of Valor in a ceremony held last month at the ACA 2008 Summer Conference in New Orleans, Louisiana. Lionel's Medal of Valor award was presented to him by our very own Warden, David McKune.



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# Colette Winkelbauer Deputy Warden, Support Services



There have been several staffing changes to my departments recently. Chaplain Richard Dunn is being deployed to Iraq and will be gone for a minimum of one year. His temporary replacement is David Rutler. Chaplain Rutler will begin his duties August 25, 2008. Aaron Munlin left his part-time position in the mailroom to join the staff as a Corrections Officer. His replacement is Keshia Lee. Eileen Jones retired after twenty-four years of service with LCF. Her replacement in the maintenance office is Patricia Baumann. Please welcome these employees.

The annual volunteer banquet was held Friday, June 27<sup>th</sup> at the Lansing Community Center with approximately 200 guests attending. This year the event was co-sponsored by the volunteer coordinator, IFI and re-entry. Elvera Voth was chosen as the Volunteer of the Year for LCF.

FY09 training is underway. The training requirements for uniformed staff, who are not supervisors changed from 80 hours to 40 hours excluding firearms. Supervisory staff have an additional eight hour requirement. The training schedule is posted on the LCF Intranet site under the DWSS tab. Staff training is conducted weekly with the exception of September and March which are being dedicated to firearms training. If you need training, contact Candice Iokepa to get scheduled.

The new clinic construction is well underway. The shell of the building has been erected and it is anticipated that the outside crews will be finished with their work at the end of the month and then the labor will be provided by the maintenance supervisors and their inmate crews. Terry Denney has done a great job at keeping this project on schedule.



# Human Resources

We welcome April Patzwald to the time and leave desk. Her first payroll was fun filled with the Labor Day holiday and all went well. April is married to a local law enforcement officer so we're happy to say she's knowledgeable and understands the concept of shift hours!

## NEWS! OPEN ENROLLMENT NEWS!

October is just around the corner. And it brings with it open enrollment for health insurance and your flex spending. There will be several changes which include a new provider, a non-tobacco discount, reduced office visit copays for children under 18 years old, reduced coinsurance for diabetic and asthma medications and others to be watching for.

Things to remember – you must enroll annually for healthykids, flex spending and you must enroll for the new non-tobacco discount during the open enrollment period to be qualified in 2009.

Be sure to watch your mail at home for reminders regarding open enrollment for the month of October. We will be sending packets via shifts/departments as soon as they are received.

In addition HealthQuest will be making available several iCan programs to assist employees in weight reduction, how to quit smoking and stress management. Several programs are currently available through HealthQuest at [www.khpa.ks.gov/healthquest](http://www.khpa.ks.gov/healthquest) – Did you know the State has 900 coaches to help employees and their families with things like health coaching to chronic care support? We are excited and looking forward to what is being offered.



# So Much More Than a Guard

Submitted Anonymously

## *I am a PERSON*

I am young and old, tall and short, man and woman, and I am of all faiths  
I am a father, mother, brother and sister, I am a son and a daughter, and I am a single parent  
I am from all parts of this great country and I am a citizen of my community  
I wear a uniform, I maintain the highest standards and I represent my agency  
I see things that hurt my soul and damage my spirit, but I maintain hope  
I lead by example and I am a good and decent human being  
I have a family of loved ones at home and a family of partners at work  
I feel, I care, I rejoice. I am a **PERSON**

## *I am a WORKER*

I am well-trained and part of a GOOD TEAM  
I work with men, women and youthful offenders; I work with many cultures, races and faiths  
I work evenings, nights and weekends, holidays and birthdays  
I stand a post, man a tower, carry a gun, I transport, search and move offenders  
I train staff, write policy, maintain standards and keep safety high  
I supervise good people and hold my partners accountable  
I maintain buildings, locks, vehicles, radios, phones, computers, fences and weapons  
I work behind the scenes in cramped offices to make sure the ship keeps running smooth  
I am sometimes verbally and physically abused, yet I maintain my professionalism  
I accept my work is stressful, and I maintain my honor.

I am a **WORKER**

## *I am a PROVIDER*

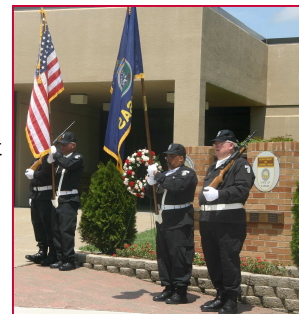
I provide good food, clean clothes, and I provide Protection  
I provide education, vocation, work skills and opportunity  
I provide GED, reading, writing and math classes, and recreation  
I provide medical, dental and vision care, I provide hospice care and dignity  
I provide re-enter opportunities, legal access and religious programs, I provide hope  
I provide mental health, substance abuse and anger treatment  
I provide a bed, a roof, warmth and food.

I am a **PROVIDER**

## *I am PROTECTOR*

I keep offenders safe while sleeping, working, resting and playing  
I supervise parolees and offenders in community corrections and ISP  
I provide suicide watch to protect people from themselves  
I control contraband and maintain facility and public safety  
I control access, I keep offenders in and others out  
I protect offenders, partners, visitors and volunteers from harm  
I protect the public, 24 hours a day, 365 days a year—all day, every day.

**I PROTECT Them, Us and YOU**



**I am not a  
guard.  
I am your  
Correctional  
Professional.**

**I do what I do because I serve my community, my agency, my state and my country.  
I am a Person, a Worker, a Provider and a Protector.**



# Kyle Deere Deputy Warden, Program Newbeeee



**Kristine McGuire**

After receiving her Bachelors of Social Work degree from Western Michigan University in June 2008, Kristine McGuire relocated from Michigan to Kansas. She has been working as the CCI in C-2 at Lansing Correctional Facility since July 2008. She really enjoys working with the inmates involved with the InnerChange Freedom Initiative (IFI) program and is looking forward to a long career in corrections.



**Kristy Pfannenstiel**

My name is Kristy Pfannenstiel. In December 2006 I graduated from Fort Hays State University, in Hays, Kansas, with a bachelors degree in Justice Studies. I have been employed at the facility since June 2008 as a corrections counselor in K-unit. I'm enjoying my work here at the facility and appreciate all the helpful training and guidance from my co-workers.



**Shelly Newkirk**

CCI  
I graduated from Central Missouri State University with a Bachelor of Science in Psychology and a minor in Corrections. I started my career working at the Child Support Enforcement as a Paternity Investigator for two years in KCMO, and then I moved to the middle of Kansas where I worked in Forensics at the Larned State Security Hospital. After 17 years I left Larned State Security Hospital to return back to my hometown area.



**Tim King**

37 yrs old, I have 2 boys 16 and 13. I have been a nurse for 2 years. I was an EMT for 6 years prior to going to nursing school. I coach competitive baseball for both of my boys. The teams are from Lansing and Leavenworth, but we play all over Eastern Kansas and western Missouri.



**Sarah Barnhart**

Case Management Coordinator Works in the LCF Re-entry office to coordinate case management services, supervise Reentry Counselors, and work w/ staff to implement and improve case management services throughout the facility.



**Tom Moore**

"I have taken the LCF Release Planning & Reentry Manager position vacated by Sarah Barnhart.

This position is responsible, overall, to coordinate the risk reduction and reentry work at LCF with the release planning process. Traditionally known as the IPO office here at Lansing and at the other facilities, this function was absorbed into the Risk Reduction and Reentry process. We serve and assist field and facility case managers in the coordination of the offenders' transition from prison to the community and all that entails. This includes anything from teaching offender reentry classes, communicating with facility and community resources to accommodate the best release plan possible based on best practices, to finalizing release packet documents and providing offender reporting instructions to community parole offices. The staff here enjoys the challenges this work offers and the continuous evolution of the evidence based approach to



**Quanaette Hulbert**

In July 2008 Quanaette Nelson accepted the position of LCF Reentry Specialist at the Minimum Compound. Her primary responsibilities include coordinating reentry, release planning and risk reduction work at the East Unit. She provides intense case management to a caseload of 25-30 higher risk offenders who are within 18 months of release. Quanaette also coordinates and facilitates the reentry risk reduction classes such as Tenant Responsibility, Thinking for A Change, Family Transition, Job Preparedness, etc. Also, with the help of Michael Thompson, she manages and continually updates the East Unit's resource center for the minimum custody inmates. In addition, she is the new PREA (Prison Rape Elimination Act) Coordinator for LCF which encompasses delivery of the PREA component in annual training and working with I&I in sexual assault investigations.



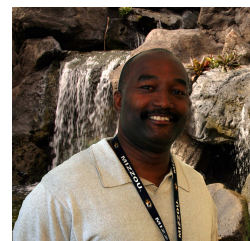
**Amanda Newell**

I was born and raised in Kansas City, KS. In May 2008 I graduated from UMKC with a B.A. in Criminal Justice. Prior to working for the KDOC I was a volunteer with Stop Violence and Gracious Promise. I am currently attending graduate school at UCM. The most important thing in my life is my son Haiden, who will be two years old in February 2009. In my free time I enjoy scrap-booking, playing with Haiden, and spending time with my friends and family. I like traveling and love the mountains.



**Mike Medina**

CCI/ OCF  
Married with 2 children. Graduate of Ottawa University Background in Corrections through 4th Judicial District Community Corrections as a resource Specialist and a Re-Entry Counselor with Mirror Inc. Therapeutic Community. Employed previously with Larned State Hospital. I enjoy most sports and help coach Blue Steel High School Weightlifting Team.



**Charles Nance**

I received my Bachelor's in Criminal Justice Administration from Park University in 1986.

I'm currently a CCI and have served 21 plus years with the department.

It has been a pleasure and a continued learning experience.

# Woman Correctional Workers

**W**hen I started working in a prison in 1989, women were not allowed inside without an escort. Female correctional officers were not the norm, as it is today. You could say, “We’ve come a long way baby!”

As a woman working in a high security male federal facility, I faced challenges I had never encountered in any other job, challenges which don’t happen anywhere else.

Federal policy changed shortly after I started, and women were being hired as corrections staff. However, we didn’t have many applicants. I don’t think there were very many women who grew up wanting to work in a prison. I had wanted to be a ballerina!!!! Now there are women in every area of corrections doing very demanding jobs, and doing them very well.

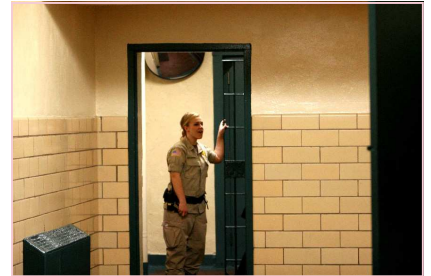
For women, correctional work can be very difficult, especially in male institutions. We not only had to be concerned about the inmates, we also had to be worried about how the male staff would accept women working inside the walls. As women, we were caught between a rock and a hard place. There was a lot of “bad blood” in those days. Inmates loved having us around, yet some male staff hated it. Even in today’s prisons there are male staff who believe women should not be allowed to work inside.

I hired into a unit secretary job at a high security prison in Indiana. It was one of the oldest federal prisons and had the reputation for being one of two facilities where the “worst of the worst” were housed. I was the administrative help for a Unit Manager, two Case Managers and two Counselors. They taught me a lot about the “do’s and don’ts” of the business. They also warned me about inmates exposing themselves to me or masturbating in front of me. I can remember thinking to myself, *Surely not! This doesn’t happen at work!*

Talk about naïve. I will never forget the first time it did happen to me. As I and another unit secretary turned into the hallway to get on an elevator, there stood an inmate, completely exposed from the waist down. I immediately recognized who he was, as my unit counselor had warned me about him. The other unit secretary turned white and her eyes were as big as silver dollars. I guess her staff never warned her about anything like this happening. I immediately told the inmate to come with me to the Lieutenant’s office, which he did without argument, because he knew the routine. I was angry, embarrassed and a little scared. If he had not done what I said, I probably would have lost my cool. When we got to the office, I went in and told the Operations Lieutenant what had happened. He took over from there and I was told to write the inmate up. I didn’t quite understand what I was being asked to do, so I went back to the office and talked with someone who helped me do my very first incident report, the first in a long line of many more over the next 17 years.

**Women face a very different mind set when they work in a prison compared to what they’ve been used to.** Growing up we are taught to be ladies, conduct ourselves with manners and watch what we say. We are considered more sensitive than men. We are protected. We have to put all this old learning aside when we go to work in a prison.

**Women face a very different mind set when they work in a prison**



Yes, women inside face different challenges than a man does, but we also bring a different dynamic to the atmosphere we work in. Both genders play a vital role in the daily operation of correctional facilities. In many instances in my own career, I calmed an angry inmate by the way I talked to him, whereas male officers at times might escalate the situation.

Women staff discover a stark reality when they work in a prison: They’d better get tough. They’d better grow some thick skin and learn not to show any emotion. They conclude that the worst thing they can do is show weakness. Showing weakness could open doors for inmates to manipulate them and for some male staff to give them a hard time. So women staff learn to hide their feelings, never admit to them, and try to ignore them at all cost.



# EMPLOYEE OF THE QUARTER

## Non-Uniformed Employee of the 1<sup>st</sup> Quarter:



*Susan Tincher*

Susan began her career at LCF with T-Netix and is now with Southeast Kansas Education Service Center – “Greenbush Education”. Primarily Susan deals with budget issues, but she really does a multitude of jobs – she’s a master at multi-tasking. Susan does it all with a bright smile and happy disposition.

## Uniformed Employee of the 1<sup>st</sup> Quarter:



*Lt. Bill Russell*

Lt. Russell has more years of service to the State of Kansas than anyone else in this facility. He’s in charge of security and manages to juggle a small staff into a 24 hour operation at LCF’s South Unit in Osawatomie. Bill is extremely organized and is a proven leader. Exceptional Communication skills, innovative contraband detection and effective conflict resolution are just some of Bill’s positive traits.



## Non-Uniformed Employee of the 2<sup>nd</sup> Quarter:



*CCII Carl Tillman*

Carl began his career at LCF in 1999 as a uniformed officer and has worked his way up the ranks to the Counselor II position he currently holds. Carl is a solid and reliable member of the LCF team. He’s a role model and works well with inmates, staff and the general public. Carl also devotes his time and talent to coaching and working with Special Olympics.



*COII Sam Hitchens*

## Uniformed Employee of the 2<sup>nd</sup> Quarter:

Sam has been a steadfast and devoted LCF employee for more than 23 years. He’s consistent and knowledgeable and is known to have good common sense. Sam is friendly, approachable, and a good mentor to his fellow staff members. He is well respected among staff and inmates alike.



# Training

## Boring or Necessary?

### From the Old Screw



Yep, training is sometimes the most boring thing I've ever experienced. You sit in a classroom like a school kid, and here you are, a grown person, sometimes with your own kids in school. You think, *I know this stuff. I've had it time and time again. Do they think we're all idiots?*

But then I remember how it was when I first started in Corrections and how LITTLE training we received. I remember all the law suits that we used to have thrown at us, because no one had taken the time to explain things to us. The attitude was at times, SO WHAT? We never really worried about it. But, boy, do times change and do laws change, and sometimes not in our favor! Slowly the powers that be decided that we need the training to help us better understand our jobs and our obligations. "So what" no longer applies to Staff actions or to the Administration.

We need refresher courses every year to bring us up on the latest changes. We need the latest in First Aid and CPR. You may save a life on the inside or the outside, even perhaps the life of a fellow Officer. You find out about your rights with the Department and the steps to take if you feel you have a problem. Even though it is sometimes a real pain in the backside and elsewhere, PPCT is one of the best things to ever come down the pike for Correctional Staff. And EVERY STAFF member needs to know how to shoot and the laws for shooting. The life you save just might be that of the person who complained so much about going to training.

It sometimes seems that we never use half the things we are taught in training, but you use them almost everyday and don't even realize it.



The training instructors are a group of dedicated Staff who have for the most part been there and done that before you came along. It is not the easiest thing in the world to get up in front of your peers and give parts of the same class over and over again, and try to keep it interesting.

So take all the training you can get, be bored if you must, but learn, learn, learn. It is to your advantage and for the benefit of your career.



# **LCF Wins A Best State Office Green Team Award**



By Cheryl Cadue

Lansing Correctional Facility Corrections Officer Sharon Blankenship, KDOC Secretary Roger Werholtz, LCF Deputy Warden Colette Winkelbauer and LCF Corrections Counselor Joy Bidatsch display LCF's Green Team award, made from recycled glass.

Lansing Correctional Facility took top honors for its innovative waste reduction and reuse program during a ceremony held Wednesday, July 16, 2008, at the State Capital.

Edging out five other nominated state offices for "Best Waste Reduction Program," Lansing was one of only three state offices to receive special recognition from Kansas Green Team. The initiative, begun by Governor Kathleen Sebelius' Recycling Taskforce and coordinated by KDHE's Bureau of Waste Management, also recognized four other correc-

tional facilities for their Green Team programs.

The Green Team project involves every state office and is led by volunteers who focus on responsible stewardship practices such as waste reduction, recycling and environmentally responsible purchasing.

Kansas Department of Health and Environment Secretary Rod Bremby presented the award to Lansing Green Team representatives Deputy Warden Colette Winkelbauer, Corrections Officer Sharon Blankenship and Corrections Counselor Joy Bidatsch. In recognizing the Lansing team, Bremby described the team's recycling efforts as going "above and beyond."

The 140-year-old institution's Central Unit recycles 80 yards of cardboard each week and 2.5 tons of paper each month.

"There are recycling containers in all the cell houses as well as office areas," Winkelbauer said. "There is a dumpster outside of Dock 3 that would allow staff to bring stuff from home and pitch it there. When you consider there [are] roughly 1,800 inmates total between the max and medium compounds, ... five private industry areas as well as education, SOTP (Sex Offender Treatment Program), the mailroom and general office areas - we generate a lot of paper."

Additionally, Lansing constructs recycling containers from used cardboard, makes transport bags from used sheets, utilizes a metal recycler and reuses soap barrels as collection barrels. The facility's IT department also has transferred many of the daily paper processes to digital formats.

Inmates have joined the recycling team through the Central Unit Lifer's Club and Stop Violence Club. Both clubs collect cans from inmate visiting areas and use the funds to support club projects. The inmate-run Santa's Workshop recycles wood scraps for its wooden toys and the Bicycle Shop fixes bicycles for distribution through various social agencies throughout the year.

Other Kansas Department of Corrections' facilities that received Green Team certificates for maintaining outstanding state agency recycling programs were:

Norton Correctional Facility, Ellsworth Correctional Facility, Hutchinson Correctional Facility, El Dorado Correctional Facility

The Landon State Office Building Green Team, which includes the KDOC Central Office, also received a certificate of recognition for its ongoing recycling efforts.

The two other state offices to win Green Team awards were Kansas Neurological Institute for "Best Recycling Program" and Kansas Legislative Division of Post Audit for "Best Green Purchasing Program."